



2023 HEALTH, SAFETY, SECURITY AND ENVIRONMENT (HSSE) TRAINING COURSES

GLOBAL ENVIRONMENTAL HEALTH SOLUTIONS

3rd Floor, Yakubu Gowon Centre,
Plot 493, Abogo Largema Street,
Central Business District,
Abuja, Nigeria.

+234- 08066823007 / 08059649767 / 08112659220
gehsolutions@gmail.com
www.gehsolutions.org

INTRODUCTION

GEHS is an indigenous, people oriented Environmental, Health and Safety consultancy firm committed to enhancing human health and well-being in the environment where people live, work and learn.

Our mission inter alia is to assist clients in preventing accidents, injuries and work related ill health at their workplaces and assure the protection of their workers and the environment. It is to this end, GEHS provides education, training, and information transfer courses that focus on Health, Safety, Security and Environment (HSSE) issues. We provide a wide range of training programs designed to meet requirements of all organizations.

All our courses are delivered by knowledgeable instructors with extensive health, safety and environmental field experience. Our instructors have actually worked as HSE professionals in industries as well as in Regulatory government institutions. This enables us to provide “hands-on” experience in the delivery of the courses. GEHS offers open enrolment courses and customized on-site courses that are tiered for different levels of responsibility. Our HSSE courses include:

HEALTH, SAFETY AND ENVIRONMENT COURSES

- Workplace Health, Safety and Environment (WHSE) Course
- General Health, Safety and Environment (GHSE) Course
- Construction Health, Safety and Environment (CHSE) Course
- 30-Hour In-House Construction HSE Course
- Intermediate Health, Safety and Environment / Hands-On Training Course
- First Aid At Work Place Course
- Integrated Health, Safety, Security and Environment (IHSSE) Course
- Health, Safety and Environment (HSE) Advisers / Officers Development Course
- Defensive Driving and Vehicle Maintenance Course
- Stress Management Course

ENVIRONMENTAL MANAGEMENT COURSES

- Environmental Management Course (EMC)
- Environmental Impact Assessment (EIA)
- Environmental Management Policies, Regulations And Institutional Framework

FOOD SAFETY COURSES

- Basic Food Hygiene and Safety Course
- Intermediate Food Hygiene and Safety Course
- Hazard Analysis and Critical Control Point (HACCP) – Principles and Application Course









SECURITY COURSE

- Cyber Security Course

HEALTH, SAFETY AND ENVIRONMENT COURSES



WORKPLACE HEALTH, SAFETY AND ENVIRONMENT (WHSE) COURSE

 OBJECTIVE	<ul style="list-style-type: none">- Equip participants with fundamental knowledge on health, safety and environment issues that will assure a safe and healthy work environment.- Promote health, wellbeing, and quality of life of participants thereby improving productivity and efficiency.
 FOR WHOM	Persons with HSE Responsibilities, Administrative Officers, Facility Managers, Employees, and individuals that desire an appreciation of HSE issues. It is specially recommended for new employees and contract staff.
 COURSE CONTENT	<ul style="list-style-type: none">- Introduction to HSE- General Workplace Hazards and Control- Office and Electrical Safety- Office Ergonomics & Manual Handling- Life Saving Measures including First Aid/Medical Emergency Management- Fire Safety: Prevention and Protection- Safe Driving Techniques- Incident Causation, Investigation and Reporting- Environmental Awareness, Waste and Resource Efficiency- Healthy Living for Enhanced Productivity- Cyber Security Awareness
 COURSE METHODOLOGY	Lecture Presentations, Syndicate Group Work, DVD Presentations, Practical Demonstrations.
 BENEFITS	<ul style="list-style-type: none">- Certification.- Enhanced professional/career development.- Ability to apply basic HSE principles & practices to improve the organization's HSE performance.- Increased flexibility, versatility & relevance in the workplace.- Reduced accidents, injuries & loss of equipment.- Networking opportunity.
 ENROLMENT TYPE	Open / In-house
 DURATION	3 Days
 DATE	First Batch: 20TH – 22ND June 2023; Second Batch: 7TH – 9TH November 2023.



GENERAL HEALTH, SAFETY AND ENVIRONMENT (GHSE) COURSE

 OBJECTIVE	To equip participants with the knowledge and skills required to identify common hazards in the general workplace and take appropriate actions to prevent work-related injury and ill health.
 FOR WHOM	Supervisors, Project Managers, HSE Designates, Safety Officers, First Aiders, Laboratory Workers, Maintenance Officers, Security Officers, Employees & individuals that desire an appreciation of HSE issues. It is specially recommended for new employees and contract staff.
 COURSE CONTENT	<ul style="list-style-type: none">- Introduction to HSE in the Workplace- HSE related Policies and Regulations- Hazard Identification, Evaluation & Management Including Job Hazard Analysis- Incidents – Causation, Investigation and Reporting- Hazard Communication- Fire Safety: Prevention & Protection- Emergency Management in the Workplace- Electrical Safety- Life Saving Measures including First Aid- Safe Driving Techniques- Environmental Management & Safe Housekeeping- Industrial Ergonomics including Manual Handling and Lifting Techniques- Common Occupational Hazards and their Health Effects- Personal Protective Equipment & Life Saving Devices- HSE Statistics & Data Management- HSE Management System- Risk Assessment.
 COURSE METHODOLOGY	Lecture Presentations, Syndicate Exercises, Plenary Discussions, DVD Presentations, Practical Demonstrations.
 BENEFITS	<ul style="list-style-type: none">- Certification.- Enhanced professional/career development.- Ability to apply basic HSE principles & practices to improve the organization's HSE performance.- Increased flexibility, versatility & relevance in the workplace.- Increased chances of securing a job in field operations.- Reduced accidents, injuries & loss of equipment.- Networking opportunity.
 ENROLMENT TYPE	Open
 DURATION	4 Days
 DATE	First Batch: 6TH – 9TH June 2023; Second Batch: 3RD – 6TH October 2023.

Registration Link: <https://www.gehsolutions.org/course-enrolment>
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CONSTRUCTION HEALTH, SAFETY AND ENVIRONMENT (CHSE) COURSE

 OBJECTIVE	To equip workers in the industry with the basic knowledge and skills required to identify common hazards on construction sites and take appropriate actions to prevent injuries, illnesses, accidents, and consequent business losses.
 FOR WHOM	Architects, Quantity Surveyors, Engineers, Builders, Site Supervisors, Foremen, and other construction workers.
 COURSE CONTENT	<ul style="list-style-type: none">- Introduction to Construction HSE- Occupational Health & Safety Policies/Regulations in the Construction Industry- Overview of common Health and Safety Hazards in the Construction Industry- Incident Causation, Investigation & Reporting- Fall Prevention & Protection- Scaffold Safety- Ladder & Stairway Safety- Excavation Safety- Crane & Transport Safety- Electrical Safety- Ergonomics in Construction- HSE-Management System including HEMP- Fire Prevention & Protection- Construction First Aid- Environmental Awareness & Construction Housekeeping- Personal Protective Equipment & Life Saving Devices- HSE Requirement in Construction Contract Document- Construction Safety Inspection
 COURSE METHODOLOGY	Lecture Presentations, Group Exercises, Syndicate Session, Practical Demonstrations, Site Visit, DVD Presentations.
 BENEFITS	<ul style="list-style-type: none">- Certification.- Enhanced HSE knowledge to safely undertake work tasks in the construction industry.- Ability to identify hazards as well as assess and control HSE risks at construction sites.- Improved efficiency & work performance.- Ability to apply basic HSE principles to reduce accidents and consequent injuries, ill health, loss of person-hour and property damage at construction sites.
 ENROLMENT TYPE	Open
 DURATION	3 Days
 DATE	First Batch: 11TH – 13TH July 2023; Second Batch: 24TH – 26TH October 2023.

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30-HOUR IN-HOUSE CONSTRUCTION HSE COURSE

 OBJECTIVE	The Construction HSE Course is designed as a 30-Hour course to assist organizations train their relevant workers at their convenience with minimal disruption of project activities. The Course objective and content are the same as the CHSE course. Topics to be covered are broken down as follows:
 COURSE CONTENT	<ul style="list-style-type: none">- Construction Safety Orientation including Overview of Common Health and Safety Hazards in Construction Industry – (2 Hours)- Introduction to Occupational Health and Safety Policies/Regulations in the Construction Industry – (2 Hours)- Incident: Causation, Investigation & Reporting – (2 Hours)- Concrete and Masonry – (1 Hour)- Electrical Safety – (2 Hours)- Fall Protection – (2 Hours)- Scaffolding Safety – (1 Hour)- Stairways & Ladder Safety – (1 Hour)- Vehicle & Crane Safety – (1 Hour)- Ergonomics & Material Handling in Construction – (2 Hours)- Fire Prevention & Protection – (2 Hours)- Construction First Aid – (2 Hours)- Environmental Awareness & Construction Housekeeping – (2 Hours)- Personal Protective Equipment & Life Saving Equipment – (2 Hours)- HSE – MS – (2 Hours)- Construction Safety Inspection – (2 Hours)
 ENROLMENT TYPE	In-house
 DURATION	To be conducted in our or your facility over 30 hours, spaced at mutually agreed dates & schedule.










INTERMEDIATE HEALTH, SAFETY AND ENVIRONMENT / HANDS-ON TRAINING COURSE

 OBJECTIVE	To equip participants with knowledge & skills that will enable them to manage HSE risks the “systems way” thus improve HSE performance of their organizations.
 FOR WHOM	Employees with responsibility of improving HSE performance and ensuring compliance with HSE regulations and standards. These include HSE Personnel, Safety Managers, Plant Supervisors, HSE committee members. Other persons interested in building a career in HSE or taking up employment as an HSE Officer will find this course most useful.
 COURSE CONTENT	<ul style="list-style-type: none">- Review of Basic HSE Concepts- Overview of OHS Management System (ISO 45001)- Hazard Identification, Risk Assessment & Control- HSE Roles and Responsibilities- Effective HSE Communication- Emergency Preparedness & Response- HSE Performance Monitoring & Measurement- Incidents Investigation & Reporting- Root Cause Analysis- HSE Audit- Environmental Management System (ISO 14001)- Environmental Aspects and Impact Assessment- Integrating HSE Management System
 COURSE METHODOLOGY	Lecture Presentations, Group Exercises, Role-play, Plenary Discussions, Practical Demonstrations, DVD Presentations.
 BENEFITS	<ul style="list-style-type: none">- Certification.- Enhanced Professional and Career Development.- Earn points to attain professional certification.- Broadened understanding of the requirements of the ISO 45001: 2018 - OHSMS & ISO 14001: 2015 - EMS.- Enhanced knowledge & skills in the application of HSE management systems.- Ability to implement, maintain & continually improve organization's HSE management system.- Ability to apply principles of HSE management system to reduce organizational losses due to work related accidents, injuries & ill health.- Ability to assist the organization review its systems, procedures, & methods of work in line with international standards ISO 45001: 2018 - OHSMS, etc.) to obtain certification/registration.- Social interaction & opportunity to network;- Improved operational efficiency, risk management, reduced liabilities & improved business performance.
 ENROLMENT TYPE	Open
 DURATION	5 Days
 DATE	First Batch: 18TH – 22ND September 2023; Second Batch: 27TH November – 1ST December 2023.

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FIRST AID AT WORK PLACE COURSE

 OBJECTIVE	To provide participants with the knowledge and skills to deal competently with any medical emergency that may arise in the working environment.
 FOR WHOM	Potential First Aiders in the workplace, Supervisors, Team leaders and any person involved in health and safety in the organization.
 COURSE CONTENT	<ul style="list-style-type: none">- Role of an Occupational First Aider- Assessment and Action at Emergency- Cardiopulmonary Resuscitation (CPR) and Recovery Position- Management of Wounds and Bleeding- Management of Injuries to Bones, Joints, and Ligaments- Management of Burns and Scalds- Management of Medical Emergencies including, Choking, Shock, Drowning and Electrical Accidents- Transportation of Sick and Injured Persons- Contents and use of First Aid kits
 COURSE METHODOLOGY	Lecture and Video Presentations, Syndicate Group Work, Practical and Hands-on Demonstrations viz; Role-Plays, Casualty Simulations and Incidence Management.
 BENEFITS	<ul style="list-style-type: none">- Certification.- Enhanced understanding of workplace medical emergencies.- Ability to save lives & minimize consequences of injuries in the event of a medical emergency.- Enhanced ability to coordinate first aid arrangement in the workplace.
 ENROLMENT TYPE	Open / In-house
 DURATION	2 Days
 DATE	First Batch: 17TH – 18TH May 2023; Second Batch: 1ST – 2ND November 2023.



INTEGRATED HEALTH, SAFETY, SECURITY AND ENVIRONMENT (IHSSSE) COURSE

 OBJECTIVE	<ul style="list-style-type: none">- Equip participants with basic knowledge and skills required to assure a safe, secure and healthy work environment.- Promote health, wellbeing and quality of life of participants thereby improving productivity and efficiency.
 FOR WHOM	Employees and contract staff in both government and private institutions at all levels.
 COURSE CONTENT	<ul style="list-style-type: none">- Introduction to HSE in the Workplace- Security Awareness & Crime Prevention Techniques- Incidents Causation, Investigation and Reporting- Workplace Hazards, Health Effects and Control- Fire Safety: Prevention and Protection- Office Ergonomics & Manual Handling- Safe Driving Techniques- Life Saving Measures Including First Aid/ Medical Emergency Management- Environmental Awareness, Waste Management & Safe Housekeeping- Stress Management: Motivation, Health and Fitness
 COURSE METHODOLOGY	Medical Screening, Personal Medical Interviews, Lecture Presentations; Syndicate Exercises; Plenary Discussions; Practical Demonstrations; DVD Presentations.
 BENEFITS	<ul style="list-style-type: none">- Increased Health, Safety and Security Awareness.- Reduced work-related injuries, illnesses and accidents.- Enhanced productivity through the prevention of work-related injuries and ill health.- Reduced absenteeism and lost workdays due to work related illnesses and diseases.- Reduced presenteeism (not fully functioning at work because of medical conditions).- Increased employee wellbeing, staff morale, satisfaction and motivation.- Reduced cost of medical bills and compensation claims.
 ENROLMENT TYPE	In-house
 DURATION	3 Days
 DATE	On Demand (Call to Schedule).



HEALTH, SAFETY AND ENVIRONMENT (HSE) ADVISERS / OFFICERS DEVELOPMENT COURSE

 OBJECTIVE	To equip participants with adequate knowledge and hands-on skills required to effectively discharge the responsibilities of an HSE Officer/Adviser in the workplace.
 FOR WHOM	Persons with HSE background that desire hands-on practical training to effectively carry out responsibilities as an HSE Adviser. <i>Intended participants must have at least basic training in HSE.</i>
 COURSE CONTENT	<p>The course will be delivered in 15 modules as follows:</p> <ul style="list-style-type: none">- Module 1: Principles of Health and Safety Management- Module 2: Loss Causation and Incident Investigation- Module 3: Hazard Identification, Risk Assessment and Evaluation- Module 4: Risk Control and Emergency Planning- Module 5: Organizational Factors- Module 6: Measuring Performance- Module 7: Hazardous Agents- Module 8: Personal Protective Equipment- Module 9: Construction Activities- Module 10: Principles of Fire and Explosion- Module 11: Work Equipment- Module 12: Electrical Safety- Module 13: Confined Space Safety- Module 14: Environmental Pollution and Waste Management- Module 15: HSE Communications
 COURSE METHODOLOGY	Teaching Sessions, Practical Demonstrations, Video shows and On-Site Activities.
 BENEFITS	<ul style="list-style-type: none">- Certification- Enhanced Professional/Career Development- Opportunity to join the GEHS pool of ready-to-be-employed HSE Advisers/Officers- Opportunity to be recruited as HSE Advisers/Officers- Being up-to-date with current HSE best practices- Enhanced knowledge & skills in the application of HSE management systems- Ability to implement, maintain & continually improve organization's HSE management system- Ability to apply principles of HSE management system to reduce organizational losses due to work related accidents, injuries & ill health- Ability to assist the organization review its systems, procedures, & methods of work in line with international standards- Improved operational effectiveness/efficiency
 ENROLMENT TYPE	In-house
 DURATION	2 Weeks
 DATE	On Demand (Call to Schedule).

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DEFENSIVE DRIVING AND VEHICLE MAINTENANCE COURSE

 OBJECTIVE	<ul style="list-style-type: none">- To provide drivers with fundamental knowledge on safe defensive driving and basic principles of first aid that will help them drive in a safe manner as well as manage first aid cases to save lives in the event of a crash.- To educate drivers on effective maintenance of vehicles for optimum performance.
 FOR WHOM	All categories of drivers. It is specially recommended for new drivers and contract drivers.
 COURSE CONTENT	<ul style="list-style-type: none">- Road Traffic Policy, Traffic Related Laws & Regulations- Driving Environment & Road Signs- Road Hazards- Factors & Causes of Road Traffic Accidents- Defensive Driving Techniques- Journey Management & Vehicle Maintenance- Automobile Fundamentals including Vehicle Components and Functions- Qualities & Responsibilities of a Good Driver- Interpersonal Relationship;- Emergency Management & Basic First Aid- You & Your Vision
 COURSE METHODOLOGY	Lecture Presentations, DVD Presentations, Practical demonstrations, Eye Test, Workshop Sessions
 BENEFITS	<ul style="list-style-type: none">- Certification- Compliance with FRSC Regulations- Increased Safety Awareness- Reduced road accidents/crashes and wanton destruction of properties- Protection of lives of drivers and other passengers- Ability to save lives and limit consequence of injuries in the event of a crash- Enhanced productivity through the prevention of injuries and work related accidents- Reduced Insurance premium cost- Reduced operational cost through proper use of vehicles as well as lower repair and maintenance cost
 ENROLMENT TYPE	In-house
 DURATION	3 Days
 DATE	On Demand (Call to Schedule).

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STRESS MANAGEMENT COURSE

 OBJECTIVE	To equip participants with the necessary knowledge and skills to effectively manage stress at individual & organizational levels to improve productivity, wellbeing & quality of life.
 FOR WHOM	Team Leaders, Supervisors & Line Managers who want to reduce and manage work related stress.
 COURSE CONTENT	<ul style="list-style-type: none">- Introduction to Stress Management- Overview on Stress- Stress in the Work place- Stress and its Effects- Managing Stress for Peak Performance and Productivity- Time Management- Nutrition and Stress- Healthy Living for Enhanced Productivity
 COURSE METHODOLOGY	Medical Screening, Lecture Presentations, Video Shows, Individual Exercises and Plenary Sessions.
 BENEFITS	<ul style="list-style-type: none">- Improved health & wellbeing- Increased productivity- Increased efficiency
 ENROLMENT TYPE	In-house
 DURATION	2 Days
 DATE	On Demand (Call to Schedule).

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ENVIRONMENTAL MANAGEMENT COURSES



ENVIRONMENTAL MANAGEMENT COURSE (EMC)

 OBJECTIVE	<p>To equip participants with fundamental knowledge of environmental management principles and its application with a view to enhance competence in environmental sustainability and regulatory practice.</p>
 FOR WHOM	<ul style="list-style-type: none"> - Policy makers/Government Officials - Personnel responsible for environmental sustainability of development projects and programs - Personnel responsible for environmental sustainability in industries - Middle management staff from Financial Institutions such as banks, insurers, re-insurers, and fund managers - Media and civil society members interested in learning more about environment and sustainability issues - Young graduates who want to build a career in the environment field - Employees
 COURSE CONTENT	<p>Module 1: Environmental Sustainability</p> <ul style="list-style-type: none"> - Biodiversity, Life Supporting Ecosystems and Services - Key Environmental Challenges – Biodiversity and Nature Loss; Environmental Pollution and Waste; Climate Change. - Waste Management <p>Module 2: Environmental Policies & Regulations</p> <ul style="list-style-type: none"> - National Policies and Legislations for Environmental Management - International Standards for Environmental Risk Management <p>Module 3: Environmental Management System (EMS)</p> <ul style="list-style-type: none"> - Organizations and their influences on the Natural Environment - ISO 14001: Environmental Management Systems <p>Module 4: Tools for Assessment & Interpretation of Environmental Performance</p> <ul style="list-style-type: none"> - Environmental Impact Assessment - Environmental Compliance Monitoring and Audit - Environmental, Social, and Governance Issues
 COURSE METHODOLOGY	<p>Lecture Presentations, Group Exercises, Syndicate Sessions, DVD Presentations.</p>
 BENEFITS	<ul style="list-style-type: none"> - Certification. - Enhanced Professional and Career Development. - Earn points to attain professional certification. - Broadened understanding of: <ul style="list-style-type: none"> ◦ Nigerian Environmental Regulatory Framework & Key International Agreements & Protocols. ◦ Key elements of ISO 14001, Standards for Environmental Management System (EMS) Certification. ◦ Ecological Processes & Systems. ◦ Local, Regional & Global Environmental issues. ◦ Environmental Sustainability. ◦ Resource Management. ◦ Integration of environmental issues into the business process of an organization. ◦ Approaches to EIA & stages of the EIA Process
 ENROLMENT TYPE	<p>Open / In-house</p>
 DURATION	<p>4 Days</p>
 DATE	<p>First Batch: 25TH – 28TH July 2023; Second Batch: 14TH – 17TH November 2023.</p>



ENVIRONMENTAL IMPACT ASSESSMENT (EIA) COURSE

 OBJECTIVE	<p>To acquaint participants on the objectives, principles, practice and management of EIA and how it can be applied in the appraisal of development projects.</p>
 FOR WHOM	<ul style="list-style-type: none"> - Decision Makers - Entry/Middle Level Officials with environmental responsibility at Federal, State and Local Government levels. - Personnel responsible for environmental sustainability of development projects and programs - Personnel responsible for environmental sustainability in industries - Middle management staff from Financial Institutions such as banks, insurers, re-insurers, and fund managers - Media and civil society members interested in learning more about EIA - Emerging EIA practitioners
 COURSE CONTENT	<ul style="list-style-type: none"> - Legal, policy and institutional framework for EIA in Nigeria - Introduction to EIA - EIA Process (1) – Screening and Scoping - EIA Process (2) – Public and Stakeholder involvement in EIA - EIA Process (3) – Impact Assessment (Identification, Prediction and Evaluation) - EIA Process (4) – Environmental Management Plan - EIA Reporting - EIA Review and Compliance Monitoring
 COURSE METHODOLOGY	<p>Lecture Presentations, Group Exercises, Practical and Hands-On exposures viz role play, conduct of mini-EIA.</p>
 BENEFITS	<ul style="list-style-type: none"> - Certification - Enhanced professional/career development - Understanding of EIA process - Appreciation of the value of EIA as a sustainable development tool - Ability to develop Environmental Management and Monitoring Plans - Ability to review EIA Report - Networking opportunity
 ENROLMENT TYPE	<p>Open</p>
 DURATION	<p>3 Days</p>
 DATE	<p>On Demand (Call to Schedule).</p>




ENVIRONMENTAL MANAGEMENT POLICIES, REGULATIONS AND INSTITUTIONAL FRAMEWORK

 OBJECTIVE	<p>To acquaint participants on environmental policies, regulations and institutional framework for environmental protection and the conservation of natural resources for sustainable development.</p>
 FOR WHOM	<ul style="list-style-type: none"> - Personnel in regulated companies and industries - Personnel responsible for environmental sustainability of development projects and programs - Personnel responsible for environmental sustainability in industries - Middle management staff from Financial Institutions such as banks, insurers, re-insurers, and fund managers - Media and civil society members interested in learning more about environment and sustainability issues - Young graduates who want to build a career in the environment field
 COURSE CONTENT	<ul style="list-style-type: none"> - Evolution of Environmental Governance in Nigeria - National Environmental Policy - EIA Regulations - Environmental Policies and Regulations for the Conservation and Management of Natural Resources - Environmental Policies and Regulations for Waste and Environmental Pollution - Environmental Policies and Regulations on Emerging Issues such as Climate Change, etc. - Applicable International Environmental Conventions, Protocols and Treaties - Institutional Framework for Environmental Management in Nigeria
 COURSE METHODOLOGY	<p>Lecture Presentations, Group Exercises, Practical and Hands-on Exposure.</p>
 BENEFITS	<ul style="list-style-type: none"> - Certification - Enhanced professional/career development - Understanding of national environmental policies and regulations - Appreciation of international environmental conventions, protocols and treaties - Availability of a compendium of environmental policies and regulations - Networking opportunity
 ENROLMENT TYPE	<p>Open / In-house</p>
 DURATION	<p>5 Days</p>
 DATE	<p>On Demand (Call to Schedule).</p>

FOOD SAFETY COURSES



BASIC FOOD HYGIENE AND SAFETY COURSE

 OBJECTIVE	<ul style="list-style-type: none">- To equip participants with the necessary knowledge & practical skills that will enable them handle food hygienically.- To educate participants on their roles and responsibilities in protecting food from contamination or deterioration as well as the consequences of poor food handling.
 FOR WHOM	Food handlers including kitchen staff, waiters & anyone working in the food service industry, i.e. restaurants, hotels, schools, cafeteria, social institutions, retail food stores, catering operations, etc.
 COURSE CONTENT	<ul style="list-style-type: none">- Introduction to Food Hygiene & Safety- Food Borne Illnesses including Food Poisoning- Prevention of Food Contamination- Food Premises, Sanitary Facilities & Equipment- Cleaning, Sanitizing and Pest Management- Personal Hygiene
 COURSE METHODOLOGY	Lecture Presentations, Group Discussions, DVD Presentations.
 BENEFITS	<ul style="list-style-type: none">- Certification- Improved consumer/customer satisfaction- Increased sales & profit for commercial food establishments- Good reputation & increased patronage for commercial food establishments- Compliance with food safety laws and regulations
 ENROLMENT TYPE	Open / In-house
 DURATION	1 Day
 DATE	First Batch: 23RD May 2023; Second Batch: 17TH October 2023.



INTERMEDIATE FOOD HYGIENE AND SAFETY COURSE

 OBJECTIVE	<ul style="list-style-type: none">- To equip participants with a broader understanding of food hygiene & safety principles & practices that will enable them to:- Assess potential food risks and take necessary preventive and corrective actions to ensure that the food handling process is safe and hygienic as possible;- Carry out effective monitoring and supervision.
 FOR WHOM	Employees working with food and beverage industries including Food and Beverage Managers, Supervisors, Chefs & anyone who needs a broad understanding of food hygiene. It is specially recommended for persons who have had basic training on Food Hygiene & Safety.
 COURSE CONTENT	<ul style="list-style-type: none">- Food Safety Hazards and Contamination- Food Purchasing, Receiving and Storage- Food Preparation, Cooking and Serving- Food Spoilage and Preservation- Food Safety Management (HACCP Principles)- Food Policies and Regulations
 COURSE METHODOLOGY	Lecture Presentations; Group Discussions; DVD Presentations.
 BENEFITS	<ul style="list-style-type: none">- Certification- Improved consumer / customer satisfaction- Good reputation & increased patronage for commercial food establishments- Improved management skills to reduce running cost & losses due to wastage- Increased revenue & profit for commercial food establishments- Broad understanding of Hazard Analysis and Critical Control Point (HACCP)- Increased efficiency in food handling & management- Enhanced professional/career development- Compliance with food safety laws and regulations
 ENROLMENT TYPE	In-house
 DURATION	2 Days
 DATE	On Demand (Call to Schedule).








HAZARD ANALYSIS AND CRITICAL CONTROL POINT (HACCP) – PRINCIPLES AND APPLICATION COURSE

 OBJECTIVE	To equip participants with the necessary knowledge and practical skills that will enable them implement the HACCP food system.
 FOR WHOM	Employees working with food service industries, including HSE officers, Food and Beverage Managers, Supervisors, Chefs and anyone who needs an understanding of the HACCP principles and application.
 COURSE CONTENT	<ul style="list-style-type: none">- Introduction to HACCP Food System- HACCP Prerequisite Programs- HACCP Preliminary Steps- HACCP Principles
 COURSE METHODOLOGY	Lecture Presentations; Group Discussions; DVD Presentations, Practical Demonstrations.
 BENEFITS	<ul style="list-style-type: none">- Certification- Enhanced professional/career development- Good reputation and increased patronage of commercial food establishment- Improved consumer/customer satisfaction- Compliance with food safety laws and regulations- Improved overall performance in food safety
 ENROLMENT TYPE	In-house
 DURATION	5 Days
 DATE	On Demand (Call to Schedule).

SECURITY COURSE



CYBER SECURITY COURSE

 OBJECTIVE	<ul style="list-style-type: none">- To enlighten and empower participants on cyber security, attack, threat & detective methodology.- To equip participants with the necessary knowledge and skills to protect themselves from criminal elements.
 FOR WHOM	Anyone with access to a work-related computer or mobile device.
 COURSE CONTENT	<p>Cybersecurity Overview</p> <ul style="list-style-type: none">- Introduction to Cyber Security- Cyber Attack Methodology- Understanding Hacking <p>Cyber Threats</p> <ul style="list-style-type: none">- Malware Threat- Wireless Attack Threat- Social Engineering Threat- Insider's Threat- Social Media Threat- Removable Media Threat- Kids, Teens & Internet Safety <p>Detective & Preventive Techniques</p> <ul style="list-style-type: none">- Phishing Detection & Prevention- Password Management- Patch Management- Technological Defence.
 COURSE METHODOLOGY	Lecture Presentations, Group Discussions, DVD Presentations, Practical Demonstrations
 BENEFITS	<ul style="list-style-type: none">- Maintain protection and integrity of company/personal data- Enhanced organizational digital security culture- Robust technological defence against cyber threats, phishing and malwares- Increased customer and digital assets user's confidence- Reduced cyber threats and quick response to accidents- Avoid downtime
 ENROLMENT TYPE	In-house
 DURATION	3 Days
 DATE	On Demand (Call to Schedule).



3RD FLOOR, YAKUBU GOWON CENTRE,
PLOT 493, ABOGO LARGEMA STREET,
CENTRAL BUSINESS DISTRICT,
ABUJA, NIGERIA.

+234- 08066823007 / 08059649767 / 08112659220
GEHSOLUTIONS@GMAIL.COM
WWW.GEHSOLUTIONS.ORG